

Expedition Kit List

This kit list is suitable for the Gilwell Trophy competition.

In most cases the unit will be able to supply the team kit, and each participant must provide the Personal kit. When on an expedition a team of 4 should evenly distribute and carry the Team kit between them. All kit (except for roll-mat) should go inside the rucksack.

Personal kit (Supplied by you)

To wear:

- Uniform top and scarf
- Waterproof jacket or coat
- Shirt or T-Shirt
- Jumper or Fleece
- Long trousers(not jeans)
- Warm/thick socks
- Hiking Boots

Kit to Carry:

- Rucksack (>60 litre)
- Sleeping bag
- Roll-mat/Karimat (attach on outside)
- Spare Clothing(in addition to wearing):
 - 2 x T-Shirts, shirt or similar
 - 1 x Long trousers
 - 1 x Warm jumper/fleece
 - 2 x Underwear
 - 2 x Socks
 - Hat
- Plate, knife, fork, spoon, mug(plastic)
- Water bottle(1-2 litres)
- Waterproof leggings or gaiters
- Hand torch or headlight torch
- Wash kit & small towel
- T-Towel
- Emergency snacks(eg. Nuts, Chocolate)
- Bin Liner

Team Kit (Supplied by Unit)

To distribute across team:

- Tentage for 4 people
- 2 x Stove /Gas and matches
- Washing up equipment
- Suitable food for expedition
- Ordnance Survey Map of area
- Map case
- Compass
- First Aid kit
- High Visibility vest
- Survival bag
- Toilet roll

If you need to buy kit and are unsure of what specifications you need please ask me before visiting any shops.

At Millets you'll receive 10% off your purchases if you show your scarf. At BDU(Army surplus) at Crews Hill you'll receive expert help and advise on already reasonable prices.